



Julia Kerr Henkel

Founded by Julia Kerr Henkel in 2008, Lumminos focuses on partnering with intact teams, human capital professionals, individuals and certified coaches as they develop the courage and skills to transition through organizational, professional and personal change. Julia is an ICF PCC-certified Integral Coach® through USA-based New Ventures West, the University of Cape Town's Graduate School of Business & Centre for Coaching and a certified Leadership Embodiment Coach through USA's Leadership Embodiment. She is also one of Dr Brené Brown's newly Certified Dare to Lead Facilitators™ based on Brown's global research into the topics of courage, vulnerability and shame in the workplace – one of only 3 in Africa, 200 in the world.

Julia chooses to work with like-minded organisations and individuals who are sincere about investing in long-term human capital development and supporting their people and/or themselves through the complexities of change and the nuances of culture and team dynamics which define day-to-day business as usual.

Julia is an Organisational Development Program Designer and Facilitator, seasoned Communications and People Change Management consultant and keynote speaker. Julia primarily works with corporate Exco, senior management teams and professional individuals who are often dealing strategic, leadership, relationship, interpersonal communications and life-balance challenges and transitions.

Areas of Expertise

- a. Dare to Lead : Brene Brown Certified Facilitator
- b. High Performance Team Development
- c. OD and Leadership Workshops
- d. Individual Coaching
- e. Conflict Resolution
- f. Enneagram Workshops